

# NO-BAKE BUG BITES

This is one bug bite you won't mind getting!!

## INGREDIENTS:

- 1 Cup of Dry Oatmeal (instant or regular)
- ½ Cup of Peanut Butter (any nut butter works)
- ⅓ Cup of Honey
- 1 Teaspoon of Vanilla Extract

## OPTIONAL MIX-INS OR DECORATIONS:

M&M's, Chocolate Chips, Shredded Coconut, Raisins, Pretzels Sticks, Small Pretzel Twists, Nuts, Banana Slices, and anything else you would like!

## DIRECTIONS:

**First, fill the bowl.**

1. In a large bowl, mix together the oats, peanut butter, honey and vanilla. You can also add in some of the mix-ins or save all of them for decorating.

**Next...mix, mix, mix.**

2. Stir until everything is mixed together.

3. Form the mixture into small balls and short logs.

4. Using a dab of peanut butter (or any nut butter) as glue, attach a ball to a log. Bugs can be found in all sizes and shapes. Feel free to try forming a few other shapes with your mixture.

**Finally, put it all together!**

5. Decorate your bugs. Here are a few ideas. Use small pieces of banana for the whites of the eyes and chocolate chips or raisins for the pupils. Use pretzels sticks as wings or antennas or legs. Use pretzel twists as wings. Experiment and have fun.

6. Are your bugs sticky? A little while in the fridge will fix that.

7. When you are ready for a snack, it's Bug Bite time. YUM! YUM! YUM!

**Storyologist Idea: Write or Draw a Bug Story**

Do you have a favorite bug? Draw a picture of, or write a story about, your favorite bug. What do you think it feels like to be that bug? Is your bug friendly? Is it happy? Does it have friends?

**Science Fun Fact: Why Are Mosquito Bites Itchy?**

When a mosquito bites you, it pierces the skin using a special mouthpart called a proboscis. As the mosquito is feeding on your blood (yikes!), it injects saliva into your skin. Your body reacts to the saliva, which is why you get itchy, red bumps.



**WE'D LOVE TO SEE WHAT YOU MADE!**

Ask your adults to post your creation using #STORYOLOGIST.